

Regulatory Announcement

Go to market news section



Company Gourmet Holdings PLC
TIDM GRM
Headline Holding(s) in Company
Released 17:13 31-Oct-07
Number 7733G

RNS Number:7733G
 Gourmet Holdings PLC
 31 October 2007

TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached
 GOURMET HOLDINGS PLC
2. Reason for the notification (please tick the appropriate box or boxes)
 - An acquisition or disposal of voting rights ()
 - An acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached ()
 - An event changing the breakdown of voting rights (X)
 - Other (specify): Acquisition increased shares in issue ()
3. Full name of person(s) subject to the notification obligation:
 Artemis Investment Management Ltd
4. Full name of shareholder(s) (if different from 3.)
 Artemis AIM VCT2
5. Date of the transaction (and date on which the threshold is crossed or reached if different):
 25 October 2007
6. Date on which issuer notified:
 26 October 2007
7. Threshold(s) that is/are crossed or reached:
 3%
8. Notified details:

A. Voting rights attached to shares
 Class/type of shares (if possible using the Ordinary (GB00B0NYFG99) ISIN code)

Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
Number of Shares	Number of Voting Rights	Number of shares	Number of voting rights		% of voting rights	
		Direct	Direct	Indirect	Direct	Indirect
1,388,88	1,388,88	1,388,888	1,388,88		3.31%	

B. Financial Instruments

Resulting situation after the triggering transaction				
Type of financial instrument	Expiration date	Exercise/ Conversion Period/ Date	Number of voting rights that may be acquired if the instrument is exercised/ converted	% of voting rights
Total (A+B)				
Number of voting rights		% of voting rights		
1,388,88		3.31%		

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

Proxy Voting:

10. Name of the proxy holder:
11. Number of voting rights proxy holder will cease to hold:
12. Date on which proxy holder will cease to hold voting rights:
13. Additional information:
14. Contact name: Nicola Collins
15. Contact telephone number: 0131 718 0414

This information is provided by RNS
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