

Regulatory Announcement

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Company	Gourmet Holdings PLC
TIDM	GRM
Headline	Holding(s) in Company
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Gourmet Holdings PLC
18 October 2007

GOURMET HOLDINGS PLC ("the Company")

18 October 2007

HOLDING IN COMPANY

The Company received notification on 17 October 2007 that, as at that date, Hargreave Hale Limited was interested in 3,430,300 ordinary shares of 4p each in the Company ("Shares"), which represents approximately 8.18% of the Company's enlarged issued shares following its recent placing. 2,012,201 of these shares are for unit trusts operated by Marlborough Fund Managers Ltd, for which Hargreave Hale Limited manages the investments on a discretionary basis. The remaining balance is held on behalf of other discretionary clients.

END

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